



Adeney
PRIVATE HOSPITAL

Doctor Profile Orthopaedic Surgeon Hip, Knee, Shoulder

Mr Shane Blackmore

MBBS FRACS FAOrthA



Mr Shane Blackmore specialises in sports injuries, arthroscopic and reconstructive surgery of the knee, hip and shoulder. This includes all aspects of knee, hip and shoulder surgery. After completing subspecialty fellowship training in London and New York, he returned to Melbourne with world-class experience in the latest arthroscopic and minimally invasive surgical techniques including Robotic Joint Replacement.

He is one of only a few Australian trained surgeons to have his training accredited by both the Arthroscopic Association of North America (AANA) and American Orthopaedic Society for Sports Medicine (AOSSM). Shane is also a member of the International Society for Hip Arthroscopy (ISHA) and a fellow of the Royal Australasian College of Surgeons (FRACS) and the Australian Orthopaedic Association (FAOrthA).

Shane has managed sports injuries in a variety of college and professional athletes, both in London and New York City. The highlight of his training in New York was working as an assistant team physician for the New York Rangers as they made the Stanley Cup final for the first time in 20 years. Shane was one of the first surgeons in Victoria trained and accredited with performing Robotic Joint Surgery. As part of his fellowship in New York, Shane also learned modern hip and knee replacement techniques, including Anterior Hip Replacement. Shane has other surgeons visit him in theatre to observe and learn Robotic Joint Replacement.

The New York University Hospital for Joint Diseases is a world leading institution, which rarely awards ACGME accredited Orthopaedic Sports Medicine fellowships to foreign trained surgeons. Shane was matched to this highly competitive 12-month fellowship position. Under the supervision of a number of prominent surgeons, including Dr Laith Jazrawi and Dr Thomas Youm, he completed a high volume of arthroscopic procedures, primarily of the knee, hip and shoulder. These ranged from simple injuries occurring in the home or workplace, to complex injuries in recreational and professional athletes.

His subspecialty training focused on the latest arthroscopic techniques for knee ligament reconstruction (ACL), meniscal repair and transplant, cartilage restoration and joint preservation, shoulder stabilization and rotator cuff repair as well as femoro-acetabular impingement and labral tears of the hip.

Preceding this, Shane was awarded the prestigious Calvert Fellowship in Shoulder and Elbow Surgery at the Hospital of St John and St Elizabeth in London. During this 6-month fellowship, supervised by Mr Andrew Wallace and Mr Philip Ahrens, he worked alongside some of the UK's most preeminent sports surgeons. The fellowship had a subspecialty focus on arthroscopic treatment of shoulder and elbow injuries. While in London, Shane also had the privilege of working with Mr Andy Williams, a world-renowned knee ligament surgeon.

Born in Melbourne, Shane graduated from University of Melbourne Medical School before completing his specialist Orthopaedic surgical training in Melbourne. Shane has published articles and book chapters, as well as technique videos on many aspects of arthroscopic surgery. Shane continues to teach medical students and future orthopaedic surgeons through his association with the University of Melbourne and his public hospital appointments at Austin Health, where he is the Director of Orthopaedic Training.

Areas Of Interest

- Anterior Hip Replacement
- Arthroscopic Surgery of Knee, Hip and Shoulder
- Sports Injuries

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